The vuvuzela has been called the most annoying or irritating instrument in the world. Originating in South Africa, this loud collapsible horn became popular at soccer matches and has recently spread to countries all over the globe.

You can make your own version out of recycled materials with the basic supplies seen here.

**SUPPLIES**

- Cardboard roll from paper towel (or wrapping paper)
- Manilla file folder
- Any plastic cup with a smaller bottom
- Sturdy tape (such as duct tape or electrical tape)
- Materials for decoration (if desired)

**MAKE A VUVUZELA**

After you assemble your materials, cut the long cardboard paper towel roll all the way down its center and cut the bottom out of your paper cup.

Next, fit the paper towel handle around the cup to create a horn shape. As you do, there will be a small triangular space open where the paper towel roll has been expanded to encircle the plastic cup. Cut a piece of manila folder and fit it in that space, holding the pieces in place with scotch tape.

When you like your shape, begin wrapping the horn in a sturdy tape, such as duct tape or electrical tape. Electrical tape works well because it is a bit smaller in size and allows you to make creative patterns with stripes as part of your design.
Decorate Your Vuvuzela

Along with colorful stripes, you can add stickers or color with markers. You can also make a small flag or banner; such as one that represents your favorite soccer team, and hang it from the side of your new horn.

Play Your Vuvuzela

Here are a few tips for getting the classic sound of this horn out of your homemade vuvuzela.

First, purse your lips (like you’ve tasted a lemon).

Place the tip of the horn to your mouth.

Blow hard, drawing air from your mouth and your cheeks, not from your stomach or diaphragm area (where you take deep breaths).

Practice until you get the sound just right!

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